Amateur Swimming Association of Trinidad & Tobago

National Aquatic Centre, Balmain, Couva Trinidad W.I.





23rd May - 26th May 2019

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DATES TO REMEMBER

Entries Due Sunday 12th May 2019 6:00 p.m.

Verification of Psych Sheet Tuesday 07th May 2019 12:00 p.m.

All entries are to be sent to: Neal Marcano - adm.asatt@gmail.com

For further information call Neal Marcano 771 1147

INVITATION

All swimmers duly registered for the year 2019 with the Amateur Swimming Association of Trinidad & Tobago as nationals or resident foreigners are invited to take part in the **National Long Course Open Championships 2018** scheduled to take place on the 23rd May – 26th May 2019 at the **National Aquatic Centre – Balmain, Couva**. OMEGA QUANTUM TIMING SYSTEM will be in effect with a 10 lane pool to be used for competition and a separate 10 lane pool to be used for warm up/warm down.

The **Open Events** are restricted to all swimmers who are 11 years and over. The swimmer's age is determined by the age of the swimmer on **December 31**st, **2018**.

Two (2) other categories are included in the program of events:

- 10 & Under (age on **December 31st, 2018**); and
- Masters (25 years & over, age on **December 31st, 2018**).

ENTRY FEE

i) In the 10 & Under and Open categories, the entry fee is twelve dollars (\$12.00) per event per swimmer, and one hundred dollars (\$100.00) per club.

A fee statement will be provided to all teams by Wednesday 15th May 2019. The entry fee must be submitted by Thursday 23rd May 2018 with the fee statement. Please note that swimmers will not be allowed to swim without the required payment. Please note that all swimmers must be duly registered with ASATT for 2019. ASATT will issue receipts for all payments. Entries must be submitted using the hy-tek software, or by submitting on the excel entry form provided (at an additional cost of \$25 per swimmer).

ii) In the Masters' category the entry fee is twelve dollars (\$12.00) per event per swimmer. All Masters must complete and sign their individual entry forms.

SCORING SYSTEM

There are no limits as to the number of events in which an individual competitor may participate, except that not more than nine (9) events will count for points toward overall trophies.

Points will be awarded to swimmers in each event as follows:

1st Place	- 9 Points	2nd Place	- 7Points
3rd Place	- 6 Points	4th Place	- 5Points
5th Place	- 4 Points	6th Place	- 3Points
7th Place	- 2 Points	8th Place	- 1Point

Nine (9) bonus points will be awarded for breaking **National Open Records**. Only the fastest swimmer breaking the National Open Record in either prelims or finals of the respective event will be awarded the bonus points. A swimmer who breaks an Open record but does not win the race will still have the record ratified.

Any National Age-group Record broken will be acknowledged, however no bonus points would be awarded. Relays will be scored double that of the points earned for the same individual placing: e.g. 1st place – 18 points, 2nd place 14 points etc.

AWARDS

Medals will be awarded for first, second and third places (gold, silver and bronze) in all events. Ribbons will be awarded from fourth to eight places for all events.

National OPEN Championships trophies will be awarded to the overall first, second and third placed swimmers, for male and female competitors in the Open Category.

National 10 & Under Championships trophies will be awarded to the overall first, second and third placed swimmers, for male and female competitors in the 10 & Under Category.

National Masters Championships trophies will be awarded to the overall first, second and third placed swimmers, for male and female competitors in the Masters category. Please note that a Masters swimmer must compete in at least five events to qualify for this award. Other prizes may be given for top performers.

There will be a team award based on the points scored in the open category. This will be a challenge trophy that will be held by the winning club until the next National Open Long Course Championships the following year.

Fina High Point Trophies will be awarded to the top male and female swimmer in the following age groups: 8 & under, 9 - 10, 11 - 12, 13 - 14, 15 - 17, 18 & over.

SEEDING

- i) Seeding for the preliminary events for the **Open Category** shall be in accordance with FINA Rule SW-3, except for the 400m I.M., the 400m, 800m and 1500m freestyle events which will be seeded as "TIME FINALS" as per FINA RULE SW 3.1.1.5. The slower heats of the 400m I.M., the 400m, 800m and 1500m freestyle will be contested in the preliminary sessions; those swimmers with the 8 fastest registered times will swim their event in the Finals sessions. All 800m entrants will swim on Thursday, and all 1500m entrants will swim on Friday.
- Seeding for the 10 & Under events shall be in accordance with FINA Rule SW-3, except for the 100m Backstroke, 100m Breaststroke, 100m Butterfly 200m Freestyle and 200 I.M. which will be seeded as "TIME FINALS" as per FINA RULE SW 3.1.1.5. The slower heats of the 100m Backstroke, 100m Breaststroke, 100m Butterfly, 200m Freestyle and the 200 I.M. will be contested in the preliminary sessions; those swimmers with the 8 fastest registered times will swim their event in the Finals sessions.
- iii) All Masters Events will be seeded as "TIME FINALS" as per FINA RULE SW 3.1.1.5.
- iv) For the **Open and 10 & Under** categories the eight (8) fastest times in each preliminary event shall qualify for the A Finals, and 9th 16th fastest shall

qualify for the B Finals. Please note that International athletes will only be allowed to swim B Finals.

The B Finals will be swum before A Finals. The ninth and tenth fastest in each preliminary event shall be designated as alternates for the finals, in the event that one or the other of the finalists is unable to participate in their event (also see "Scratches").

- v) Any event containing eight (8) or fewer entries shall automatically be a final. The order of the Program may be varied by a majority decision on the day of the meet.
- vi) All Relay entries will be submitted NO Time. In the event of there being more than eight (8) relay teams entered, a preliminary round will be swum to determine the top eight teams for the final. The order of the relay and personnel may be changed between the preliminaries and the final. However, relay cards must be submitted 30 minutes before the beginning of the session along with scratch information. Relays are mixed and will be comprised of two males and two females per team. 10 and under relays will swim as exhibition. While there will be awards for 10 and under relays, there will be no point contribution from those events. Mixed relays require 2 males and 2 females.

NB - SCRATCHES

Scratches will be allowed without penalty, except that the entry fee will be forfeited, up to one half hour before the start of the next session. Scratches during a session will only be allowed on the grounds of ill health. Swimmers, who fail to scratch on time, or fail to swim, will face a fine of twenty-five dollars (TT\$25.00) per event, such fine to be paid before the swimmer is allowed to take part in any further event during the meet, or in subsequent ASATT sanctioned meets. Alternates are expected to stand by in the event that scratches are made. In the event of a scratch, alternates, who are not present when called for a race, will be subject to the same penalties as above unless they have scratched as an alternate prior to the start of the session.

PENALTY FEE

All penalty fees must be paid before the swimmer is permitted to swim in any further events.

DISQUALIFICATIONS

The championships will be conducted under the rules of the FINA and the amateur Swimming Association of Trinidad & Tobago and will be governed by the Meet Director and the Referee for the particular session. A Jury of Appeal will be appointed to consider any appeals against a decision of these Officers.

Any action which in the opinion of the Referee is detrimental to the running of the Championships may result in the disqualification of the swimmer from the event, and if repeated, from the remainder of the Championships. Official results will be posted and time marked.

Official results will be posted and time marked. Any protesting relating to the said results must be made within thirty-minutes (30) of the official time mark of the posted results. A pool of individuals will be identified by ASATT, from which a Jury of Appeal will be selected if needed by the Meet Manager.

OFFICIALS

The ASATT will be responsible for appointing the referee, starter, chief timekeeper, control room supervisor, clerk of course and the Jury of Appeal. All clubs will be responsible for providing timekeepers, stroke judges, turn judges, and any other necessary officials. Please note that there will only be one (1) timekeeper needed per lane, and as such, the timekeeping schedule will be rotated.

Officials are requested to be present no later than thirty minutes (30) before the start of the session for which they have volunteered to work.

All clubs are asked to submit by the entry deadline, a list of Officials who are prepared to work at the respective sessions. A Volunteer Form for Officials is included with this Summons.

TIME TRIALS

Any request for Time Trials on any particular day <u>must be made prior</u>, by <u>6pm on the previous day before</u>, to the ASATT Administrative Manager. Please note that the time trial fee is twelve dollars (\$12.00) per time trial per swimmer, and must be paid prior to event.

STARTING TIMES

Session 1	Thursday 23rd May 2019	Warm-up 4:45 p.m. and Competition 6:00 p.m.
Session 2	Friday 24th May 2019	Warm-up 4:45 p.m. and Competition 6:30 p.m.
Session 3	Saturday 25th May 2019	Warm-up 8:00 a.m. and Competition 9:15 a.m.
Session 4	Saturday 25th May 2019	Warm-up 4:15 p.m. and Competition 5:30 p.m.
Session 5	Sunday 26th May 2019	Warm-up 8:00 a.m. and Competition 9:15 a.m.
Session 6	Sunday 26th May 2019	Warm-up 4:15 p.m. and Competition 5:30 p.m.

Notes: -

Order of events is attached to this summons.

JOSEPH MCLEOD 1st VICE PRESIDENT ASATT

ORDER OF EVENTS

1	800m Freestyle	Open (Mixed)	Time Finals
3 – 4	200m Freestyle (slower heats)	10 & Under	Time Finals
5 – 6	200m Ind. Medley	Open	Heats
7 – 8		Masters	Friday only
9 – 10	100m Freestyle	Open	Heats
11 – 12	50m Backstroke	10 & Under	Heats
13 – 14	50m Backstroke	Open	Heats
15 – 16		Masters	Friday only
17 – 18	100m Butterfly	Open	Heats
19 – 20	100m Breaststroke (slower heats)	10 & Under	Time Finals
21 – 22	200m Breaststroke	Open	Heats
23 - 24		Masters	Friday only
25	4 x 100 Freestyle Relay (Exhibition)	10&Under Mixed	Heats
26	4 x 100 Freestyle Relay	Open Mixed	Heats

Friday, 24th May 2019

2	1500m Freestyle	Open (Mixed)	Time Finals
3 – 4	200m Freestyle (fastest heat)	10 & Under	Time Finals
5 – 6	200m Ind. Medley	Open	Finals A & B
7 – 8	100m Butterfly	Masters	Time Finals
9 – 10	100 Freestyle	Open	Finals A & B
11 – 12	50m Backstroke	10 & Under	Finals A & B
13 – 14	50m Backstroke	Open	Finals A & B
15 – 16	100m Backstroke	Masters	Time Finals
17 – 18	100m Butterfly	Open	Finals A & B
19 – 20	100m Breaststroke (fastest heat)	10 & Under	Time Finals
21 – 22	200 Breaststroke	Open	Finals A & B
23 – 24	50m Breaststroke	Masters	Time Finals
25	4 x 100 Freestyle Relay (Exhibition)	10&Under Mixed	Final
26	4 x 100 Freestyle Relay	Open Mixed	Final

Saturday, 25th May 2019 AM

27 – 28	200m Freestyle	Open	Heats
29 – 30		Masters	p.m. only
31 – 32	50m Butterfly	Open	Heats
33 – 34	100m Butterfly (slower heats)	10 & Under	Time Finals
35 – 36	100m Backstroke	Open	Heats
37 – 38		Masters	p.m. only
39 – 40	50m Breaststroke	Open	Heats
41 – 42	100m Freestyle	10 & Under	Heats
43 – 44	400m Ind. Medley (slower heats)	Open	Time Finals
45 – 46		Masters	p.m. only
47 – 48	50m Breaststroke	10 & Under	Heats
49	4 x 50m Medley Relay (Exhibition)	10 & Under Mixed	Heats
50	4 x 100m Medley Relay	Open Mixed	Heats

Saturday 25th May 2019 PM

27 – 28	200m Freestyle	Open	Finals A & B
29 – 30	100 Breaststroke	Masters	Time Finals
31 – 32	50m Butterfly	Open	Finals A & B
33 – 34	100m Butterfly (fastest heats)	10 & Under	Time Finals
35 – 36	100m Backstroke	Open	Finals A & B
37 – 38	100 Freestyle	Masters	Time Finals
39 – 40	50m Breaststroke	Open	Finals A & B
41 – 42	100m Freestyle	10 & Under	Finals A & B
13 – 44	400m Ind. Medley (fastest heats)	Open	Time Finals
15 – 46	50 Butterfly	Masters	Time Finals
17 – 48	50m Breaststroke	10 & Under	Finals A & B
19	4 x 50m Medley Relay (Exhibition)	10 & Under Mixed	Finals
50	4 x 100m Medley Relay	Open Mixed	Finals

Sunday, 26th May 2019 AM

51 – 52	400m Freestyle(slower heats)	Open	Time Finals
53 – 54	200m Ind. Medley (slower heats)	10 & U	Time Finals
55 – 56		Masters	p.m. only
57 – 58	50m Freestyle	Open	Heats
59 – 60	100m Backstroke (slower heats)	10 & U	Heats
61 – 62	100m Breaststroke	Open	Heats
63 – 64		Masters	p.m. only
65 – 66	50m Butterfly	10 & U	Heats
67 – 68	200m Backstroke	Open	Heats
69 – 70	50m Freestyle	10 & U	Heats
71 – 72		Masters	p.m. only
73 – 73	200m Butterfly	Open	Heats
75	4 x 50m Freestyle Relay (Exhibition)	10 & Under Mixed	Heats
76	4 x 50m Freestyle Relay	Open Mixed	Heats

Sunday, 26th May 2019 PM

51 – 52	400m Freestyle(slower heats)	Open	Time Finals
53 – 54	200m Ind. Medley (slower heats)	10 & U	Finals A & B
55 – 56	50m Freestyle	Masters	Time Finals
57 – 58	50m Freestyle	Open	Finals A & B
59 – 60	100m Backstroke (fastest heats)	10 & U	Time Finals
61 – 62	100m Breaststroke	Open	Finals A & B
63 – 64	100 I.M.	Masters	Time Finals
65 – 66	50m Butterfly	10 & U	Finals A & B
67 – 68	200m Backstroke	Open	Finals A & B
69 – 70	50m Freestyle	10 & U	Finals A & B
71 – 72	50m Backstroke	Masters	Time Finals
73 – 73	200m Butterfly	Open	Finals A & B
75	4 x 50m Freestyle Relay (Exhibition)	10 & Under Mixed	Finals
76	4 x 50m Freestyle Relay	Open Mixed	Finals

ASATT Long Course Open Championships 2019 APPLICATION FORM FOR VOLUNTEER OFFICIALS

CLUB NAME:	_
Please return to ASATT by Saturday 18th May 2019.	_

				Ti	ck off th	e sessio	ns you	will be a	ble	e to work
Name	Contact phone number	Email contact	Role Requested		Thu	Fri	Sat a.m.	Sat p.m.	n	Sun
	number						uiiii	p.iii.		

